

مستشفيات ايفكسيا

Evexia Hospitals



FIRST
DAY CASE SURGERY
HOSPITAL IN BAHRAIN



A FRESH ALTERNATIVE

Evexia is a state-of-the-art ambulatory surgery center that is dedicated to providing exceptional surgical care with a focus on the patient's needs and preferences. The facility is equipped with advanced technology and staffed by experienced and compassionate medical professionals who are committed to delivering the highest quality care.

Based on the practices and standards set by the International Association for Ambulatory Surgery (IAAS), Evexia has taken on the challenge of day surgery to offer an exciting healthcare solution in Bahrain.





MANAGEMENT AND OPERATIONS

Evexia Hospital is managed by Nabaa Al-Saha Medical Services Company, a specialized healthcare management company with extensive expertise in operating and developing medical facilities in accordance with the highest international standards.

Naba Alsaaha is a healthcare management company specializing in the operation and management of medical facilities. The company is listed on the Saudi Exchange – Nomu and demonstrates strong financial stability and institutional expertise in the healthcare sector. Naba Alsaaha has a paid-up capital exceeding SAR 105,000,000, reflecting its solid financial strength and capacity to support sustainable growth while delivering high-quality healthcare services.





Mr. Nathir Al-Jishi
CEO - Evexia Hospital
Vice Chairman and CEO
NABA ALSAHA



نبع الصحة
NABA ALSAHA



Mr. Nayef Al-Jishi
Board Member and Business
Development Manager
N A B A A L S A H A



نبع الصحة
NABA ALSAHA



Mr. Moh'd Al Habib
General Manager
EVEXIA HOSPITAL

EVEXIA'S

DOCTORS & SPECIALIZATIONS

Evexia's surgeons are highly skilled and experienced medical professionals specializing in surgical procedures within the renowned healthcare institution. With board certifications in their respective specialties, they deliver exceptional surgical care, prioritizing patient safety and optimal outcomes.



GENERAL SURGERY

Dr. Ali Dhaif
Dr. Esraa Sami
Dr. Jaffar AlKhuzai
Dr. Mariam Al Junaidi
Dr. Sara Momen Alreefy
Dr. Mohamed Elsayed Saber



GENERAL PRACTITIONER

Dr. Husaain Faraj
Dr. Zainab AlMutawa
Dr. Zainab Shaker



ORTHOPEDICS

Dr. Ali AlEkri
Dr. Ansatasia
Dr. Fareed Salloom
Dr. Mohamed AlKooheji
Dr. Bashar Al Sayed
Dr. Feras Al Alawi
Dr. Yousif Alaali
Dr. Tamer Shehata
Dr. Syeed Ahmed



UROLOGY

Dr. Akbar Jalal
Dr. Husain Alaradi
Dr. Krishanu Das



ENT

Dr. Hala Radhi
Dr. Ramzi Al Arrayedh



GASTROENTEROLOGY

Dr. Fatema AlAlawi
Dr. Hesham Jalal



GYNAECOLOGY

Dr. Ahmed Barakat



ANESTHESIA

Dr. Tareq Alhassan



DENTAL



PEDIATRIC



OPHTHALMOLOGY

Dr. Moemen Al Reefy



RADIOLOGY



INTERNAL MEDICINE

Dr. Omaim AlShaikh

EVEXIA'S SURGEONS



ABOUT

EVEXIA

Patient Centred

Evexia has taken a patient-first approach to the profession of healthcare. The obvious benefit to patients, first and foremost, is cost. Day case surgery does not need a hospital stay, meals or overnight monitoring, thereby reducing overhead costs, which can be passed onto the patient.



Convenience

Convenience is also at the forefront of our philosophy. Because patients are able to go home the same day, they can avoid the inconvenience of having to stay in the hospital overnight. This can be especially important for patients who have children or other family members who need care at home, as it allows them to return to their daily routines more quickly.

In a post-covid era, the emphasis on reduction in proximity has the potential to reduce the risk of hospital-acquired infections, which can be a major concern for patients undergoing surgery. Patients' exposure to potential sources of infection are minimised as compared to an inpatient setting.

There is an increased nurse to patient ratio giving each patient more personalised care during their short stay. As a day case surgery hospital we are backed by innovations in anaesthesia and hence, there is less risk of complications such as nausea, vomiting, and respiratory depression. Allowing a patient to heal in the physical and physiological comfort of their home is of paramount importance.



A FOCUS ON

DAY CASE SURGERY

Evexia is the pioneering healthcare facility that exclusively focuses on day case surgery, setting itself apart from other hospitals that also offer this service. This specialisation has allowed our team to develop a deep understanding and expertise in all aspects of day case surgery, making us industry leaders in providing the highest quality services in accordance with the latest international standards and best practices.

A FOCUS ON DAY CASE SURGERY



More Staff
Attention



Less Stressful



Return Home
on the Same Day



Accurate
Scheduling



ADVANTAGES OF
**DAY CASE
SURGERY**



It eliminates the need for overnight hospital stays, reducing healthcare costs. Patients can return home on the same day, promoting faster recovery and a quicker return to normal activities.

Reduced
Anxiety



Packaged
Prices



Personalized
Care



Reduced
Waiting List



BENEFITS OF EVEXIA

A document published by NHRA mentions: Day surgery bears fewer risks of hospital-related infections, and patients can receive more individual attention when they are kept separate from seriously ill patients in conventional inpatient wards. Complications arising after day surgery are usually minor, and mortality is extremely rare.

PACKAGE RATES

Evexia will always provide one package rate. Everything is included. No estimates. No interim billing. No surprises.

FASTER DISCHARGE PROCESS

One package rate minimises discharge time to 15 minutes.

MORE ATTENTION

Evexia focuses solely on day case surgery procedures and thus provides more personalized care. Focus brings outstanding outcomes.

ONE DAY SERVICE

Evexia perform surgeries by reputed surgeons of the country and send back the patient home the same day. This value proposition is a paradigm shift in the way healthcare is delivered in Bahrain.





THE DIGITAL WAY FORWARD

A cloud based, paperless HIS (Hospital Information System) makes booking and tracking a simplified process. The system is integrated to the hospital website and insurance systems, offering self-service apps for doctors and patients.

In addition to the booking and tracking systems, the mobile applications will also have pre-operative procedures and notifications delivered through a tailored experience to the patient, ensuring they have all the necessary information.

Evexia is always striving to enhance its services, offering instant patient feedback to improve functionality, service and performance. All feedback is actioned upon post-haste and due attention is given at the highest levels of management.



Surgery that fits your schedule,
not the other way around.

MISSION, VISION

VALUES



MISSION

To provide an excellent surgical experience with the highest level of quality care delivered with compassion and value for our patients through competent staff following the most advanced technologies & best practices.



VISION

To be the best Day Surgery Hospital, which provides evidence-based medicine.

CORE VALUES

- W: We care about your safety
- E: Effective Quality system
- C: Continuous improvement
- A: Always patient comes first
- R: Reality & transparency
- E: Exceeding your expectations



Evexia offers big results with minimal disruption.

SPECIALTIES & FACILITIES



SPECIALTIES

OUTPATIENT

- General Surgery
- Orthopedics
- Obstetrics & gynaecology
- Urology
- ENT
- Dental
- Pediatric
- General Practitioner
- Internal Medicine
- Gastroenterology
- Anesthesia
- Ophthalmology
- Radiology

INPATIENT

- General Surgery
- Paediatric Surgery
- Orthopaedics
- Urology
- ENT
- Plastic Surgery
- Surgical Endoscopy
- Gynaecology
- Vascular Surgery
- Anaesthesia and Pain Management
- Ophthalmology

OUTPATIENT

- Clinics
- Treatment Room
- Emergency Room
- Sample Collection Room
- Ultrasound Room
- Vaccination Room
- Plaster Casting Room
- Laboratory

INPATIENT

- X-Ray
- Recovery Beds
- Private Beds
- Isolation Room
- High Dependency Unit (HDU)
- Endoscopy
- Minor OT
- Major OT



FACILITIES

EQUIPMENT

Evexia management has invested heavily in reputed medical equipment to attract the best doctors and also to provide a better and safe outcome to patients. Some of them are:

Richard Wolf
Laparoscopic Tower



Zimmer Arthroscopy
System



Drager anaesthesia
machine



Carl Zeiss Pico
microscope



Medifa Mobile
Operating Table



Simeon Double Dome
OT Lights



Pentax Imagina
Endocopy System



Bioletic Leonardo 45
laser surgery systems



Valleylab FX8
Energy Platform



EXPERTISE ACROSS **THE BOARD**

Evexia has staffed the hospital with seasoned industry professionals, both in clinical and administrative functions. They have been rigorously selected by healthcare experts who have established and upheld high standards of care. Evexia's staff have the competencies, qualifications, and experience to provide excellent service and care to its patients.

PATIENT SAFETY



All safety protocols adopted by large and accredited hospitals have been implemented in Evexia as well but in a more efficient, lean manner

EMERGENCY ROOM

A dedicated emergency room has been established, which is equipped with essential equipment such as a defibrillator, piped oxygen, suction, ECG machine, and a crash cart. The emergency room has direct access to a special elevator that is reserved exclusively for emergency cases. As well, it is connected to the operation theater through an exclusive corridor.

EMERGENCY ELEVATOR

The emergency elevator offers direct access to the ambulance bay, ensuring swift transportation of patients to our Hospital. Equipped with the latest technology and designed for optimum efficiency, it plays a vital role in our commitment to providing prompt and reliable emergency care services, facilitating rapid and convenient access for patients in need of urgent medical attention.

HDU ROOM

A dedicated HDU room is a specialized inpatient unit for medical and surgical patients, which has been established for patients who need more intensive observation, treatment or nursing care. It comfortably accommodates necessary personnel, monitoring capabilities such as defibrillator, ECG machine, crash cart and support services.

OPERATING THEATRE POWERHOUSE

An emergency electric generator that is sufficiently powerful to supply full power to the operating theatres and stage 1 recovery area, along with essential lighting, equipment and power points in the day surgery unit.

OPTIMAL SURGICAL HYGIENE

Standard infection protocols are maintained to reduce the risk of surgical site infections (SSIs). This includes strict hand hygiene practices, barrier precautions and segregation between pre-op and post-op. Strictly controlled fogging and Fumigation procedures are also carried out to reduce the risk of infections and ensure patient safety

ENHANCED PATIENT SAFETY STANDARDS

Evexia follows the International Patient Safety Goals (IPSG) protocol developed by the Joint Commission International (JCI):

- Identify patients correctly.
- Improve effective communication.
- Improve the safety of high alert medications.
- Ensure correct size, correct procedure, correct patient surgery.

- Reduce the risk of healthcare associated infections.
- Reduce the risk of patient harm resulting from falls.

SAFE MEDICATION ADMINISTRATION

To prevent any errors, Evexia follows the 5 moments of medication policy as prescribed by the World Health Organization (WHO). Additionally, a medication administration policy is in place to provide a safe and effective process for administering medications across a patient's continuum of care.



CARE

CONTINUUM

On discharge, patients and their caregivers will be given an information package which will contain information needed by patients to return to normal as quickly and safely as possible. This includes:

- Post-operative pain management
- Nausea management
- Medications to be taken
- Common wound care
- Sleep disturbance management
- Aspects of bathing, stretching and heavy exercise
- Returning to work
- Driving
- Advice on sexual matters

Additionally, they are encouraged to use the day surgery telephone helpline.





POST-DISCHARGE PAIN RELIEF & MANAGEMENT

The pain management team uses various methods to help patients cope with pain before, during, and after surgery. We aim to make our patients comfortable and confident in their pain management and recovery.

To ensure adequate pain relief at home after surgical procedures, Evexia has established practical regimes and routines which are specifically written and tailored to each operation.

The standard method for pain relief is the use of tablets, which vary in agent, dose, and frequency of administration based on individual patient needs.

Following up with patients is crucial to assess the effectiveness of these routines and make any necessary adjustments to provide optimal pain relief. Depending on the type of surgery, traditional tablet methods may not be sufficient. In these cases, alternative pain relief by means of injections are administered, upon the advice of an anaesthetist.

A round the clock hotline will be available to patients, addressing any concerns or queries and guiding them on their next steps.



Evexia Day Surgery Hospital & Clinics

Zinj Heights, 6th Floor, Building 212, Road 5803, Block 358, Zinj, Kingdom of Bahrain
+973 13 666 444